

HALL MCMASTER & ASSOCIATES LTD

A BLENDED LEARNING ONLINE MASTERCLASS WITH **KEN MCMASTER**

DISRUPTING FAMILY VIOLENCE ONBOARDING

Build the practice skills to engage and disrupt domestic and family violence

FROM THIS IN-DEPTH, INTERACTIVE MASTERCLASS YOU WILL TAKE AWAY:

- An understanding of the role of trauma in DFV
- How to bring the voice of those impacted by DFV into the therapeutic conversation
- Explore core beliefs that drive abuse of thinking/behaviour and demonstrate strategies that promote family well-being
- Identify and practice key intervention areas related to emotional regulation, distress tolerance, and communication skills
- How to respond to and shift distortions in thinking that support DFV

27TH JUNE 9:00AM - 3:00PM AEST 28TH JUNE 9:00AM - 3:00PM AEST 29TH JUNE 9:00AM - 3:00PM AEST

NOTE:

THE WORKSHOPS AND ELEARN PROVIDE THE REQUIRED HOURS TO MEET THE QUEENSLAND STATE REQUIREMENTS FOR MBC FACILITATION COMPETENCY

BOOK TODAY HMA.CO.NZ/EVENTS

Overview

The world of domestic and family violence intervention has changed significantly during the past ten years.

Psycho-education approaches have shown disappointing results in disrupting harmful behaviour within intimate relationships. The risk of not getting intervention right is that abusive and harmful behaviour is likely to continue either in the current or next relationship.

Effective interventions to disrupt intimate and family violence require skilled workers to be able to assess the drivers for abusive behaviours, **target acute risk factors**, and **identify key intervention points** that can build strategies to **support long-term behaviour change**.

Drawing from 40 years of research and in-room experience of what can make the difference, this program will support facilitators to run focussed intervention programs to disrupt harmful behaviour.

Effective programs aimed at disrupting domestic and family violence involve:

- Embed in the design and delivering from a risk framework
- Ensure the voice of those impacted is woven into the program delivery
- Understand the role that early life trauma plays in adult use of DFV
- Equipping group members with a range of 'time-in' skills for relationships

JOIN LEADING EXPERT KEN MCMASTER FOR THIS IN-DEPTH, INTERACTIVE MASTERCLASS WHERE YOU WILL IDENTIFY KEY INTERVENTION AREAS TO DRIVE BETTER ENGAGEMENT AND OUTCOMES FOR PARTICIPANTS IN BEHAVIOUR CHANGE PROGRAMS. "A recent outcome study has shown significant reductions in the rate of offending recorded post-program attendance (significance *** <.001). The two programs evaluated were HMA designed family violence programs (50 hours d=.77- moderate effect size and 75 hours d=1.53 - large effect size) working with higher risk family violence offenders."

This Masterclass is ideal for practitioners who are currently working with those who engage in domestic and family violence and want to develop their intervention skills, including:

Men's Behaviour Change Group Facilitators

- Psychologists
- Social Workers
 - Counsellors

Probation and parole officers

Introducing Ken McMaster



Ken has over thirty-five years' experience working at the cutting edge of intervention work with men who are violent and who sexually abuse.

He is known for his innovative practice ideas and the ability to translate theory into practice. He has held positions as a member and **Chair of the Family Violence Advisory Committee / Te Rangai Whiriwhiri Tukinotanga a-Whānau.** He was also a founding member of the National Network of Stopping Violence Services /Te Kupenga Whakaoti Mahi Putanga and is a past chair. Ken was a member of the regulations working group for the Domestic Violence Act (1995). In addition, he has worked as a part-time lecturer in Social Work at Canterbury University and is now involved full-time with HMA as manager, writer of materials and principal trainer. He has been a member of the Domestic Violence Act Program Approvals Committee for the Ministry of Justice.

Ken McMaster has published two books on Domestic Violence

A Private Affair, GP Books:
Wellington (1989) and Feeling Angry,
Playing Fair, Reed: Auckland, (1988).
He has co-edited a book with Arthur
Wells titled Innovative Approaches to
Stopping Family Violence, Steele

Roberts: Wellington (2003), and with Leon Bakker titled Will they do it again: Assessing and managing risk, HMA Books: Christchurch (2006). In 2011 Ken co-edited with David Riley Effective Interventions with Offenders, Steele Roberts: Wellington (2011).

Ken has an extensive publishing record and regularly undertakes conference presentations. **He has had involvement in training corrections staff dating back to 1985 and has led the design of a number of large corrections initiatives in Australia and New Zealand.** Ken is MINT trained and is currently Chair of MINT Oceania, a voluntary group of MINT members tasked with supporting MI practice within this part of the world.